



**LABLINK**

MEDICAL LABORATORY

**INFORMED CONSENT FOR  
HUMAN IMMUNODEFICIENCY  
VIRUS (HIV) TESTING**

[BARCODE/PATIENT'S  
STICKER]

I, .....  
(Name of \*Patient / Parent / Guardian / Next of Kin)

with ....., hereby give consent for \*my /above name patient's  
(\*MyKad / Passport No.)

blood to be tested for HIV.

I have been informed that my / above name patient's blood sample will be tested for HIV, the virus that causes human immunodeficiency/AIDS.

I acknowledge that:

- I have been given an explanation of the test, including the implications of the test result.
- If the result is positive, I agree to additional testing for HIV confirmation.
- I have been given the opportunity to ask questions concerning the test for HIV and I acknowledge that my questions have been answered to my satisfaction.
- I have been informed that the HIV test result is confidential. Hence it will be part of my/above name patient's medical record, it shall not be released without my written permission except when it is permitted under the law.
- HIV is a notifiable condition under the Prevention and Control of Infectious Disease Act 1988. Once HIV is confirmed, the doctor has to inform the relevant authority in the Ministry of Health.

Signature

Date

Name:

MyKad/IC No.:

Relationship with patient:.....

Witnessed by

Signature of Doctor

Name:

MyKad /IC No.:

Name of Doctor including rubber stamp:

\*Please delete where applicable





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## INFORMED CONSENT FOR HUMAN IMMUNODEFICIENCY VIRUS (HIV) TESTING

[BARCODE/PATIENT'S  
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### PATIENT INFORMATION SHEET: HUMAN IMMUNODEFICIENCY VIRUS (HIV) TEST

#### 1. What is HIV?

- a) HIV is the virus that causes human immunodeficiency/AIDS.
- b) HIV can be transmitted through: -
  - i. Unprotected sex (vaginal, anal, or oral sex) with someone who has HIV;
  - ii. Contact with blood as in sharing needles (piercing, tattooing, drug equipment including needles) or blood transfusion,
  - iii. HIV-infected pregnant women to their infants during pregnancy or delivery or while breastfeeding.
- c) There are treatments for HIV/AIDS that can help an individual stay healthy.
- d) Individuals with HIV/AIDS can adopt 'safe practices' to protect uninfected and infected people in their lives from becoming infected or being infected themselves with different strains of HIV.

#### 2. What is the HIV Test?

- a) HIV tests are the test used to detect the presence of HIV, the virus that causes Acquired Immunodeficiency Syndrome (AIDS) in your body.
- b) HIV testing consist of the following:
  - i. Screening/Initial test.
  - ii. Confirmatory tests.

#### 3. What does it mean if the initial screening test is negative?

In the absence of risk factors (refer to 1b i, ii & iii), HIV infection is **Negative**.  
In the presence of risk factors (refer to 1b i, ii & iii), HIV infection cannot be ruled out.

*Note:*

*You may be in the 'window period' as your body requires time for the immune system to react after exposure to HIV. It may just be too soon for the HIV antigen/antibodies to be detected in the test.  
If you are high risk (refer to 1b i, ii, & iii) you may want to refer to your doctor or test again in 3 -6 months'.*

#### 4. What does it mean if the initial test is positive?

A positive initial test means that there is laboratory evidence that you might be infected with HIV. You will need some other blood tests for confirmation.

#### 5. What does it mean if the HIV confirmatory test is positive?

A positive confirmatory test result means that there is laboratory evidence that you are infected with HIV. It doesn't necessarily mean you have AIDS, but positive for HIV which is the virus that causes AIDS.

#### 6. Who can receive HIV test results?

Under the law, HIV test results and other AIDS information are private and confidential and may be given only:

- a) To you (or a person authorized by law who agreed to the test for you)
- b) To anyone you give written consent to get the test result
- c) To a health care facility (such as a hospital, blood bank or laboratory) giving health care to you or your child. HIV and AIDS information may also be recorded in your medical chart or records
- d) To a health care provider (such as a doctor or nurse) who is giving health care to you or your child

